**SAFEGUARDING DURING LOCKDOWN**

If you have a concern about a child during this period of lockdown, please contact the school using the family support email [f**amilysupport@westheathprimry.bham.sch.uk**](mailto:familysupport@westheathprimry.bham.sch.uk)

We will need as much information as possible regarding your concern; it might be that you wish to remain anonymous, please note this in your email. All concerns will be followed up, however small you feel they might be.

**On Line Safety**

* Your children’s safety on line is absolutely critical in these times. Please make sure that your children’s gadgets are switched to privacy mode.
* In these times when work is set via the internet and your children are using more social media, you do need to be extra vigilant with the websites and social media sites your children are using.
* We would appreciate you emailing us should you have concerns, we will follow up all concerns and take appropriate action as necessary.
* There are several organisations to support you with online safety and we urge you to consult these agencies should you need further support.

*Support for parents and carers to keep their children safe online includes:*

* [ChildLine](https://www.childline.org.uk/?utm_source=google&utm_medium=cpc&utm_campaign=UK_GO_S_B_BND_Grant_Childline_Information&utm_term=role_of_childline&gclsrc=aw.ds&&gclid=EAIaIQobChMIlfLRh-ez6AIVRrDtCh1N9QR2EAAYASAAEgLc-vD_BwE&gclsrc=aw.ds)
* [UK Safer Internet Centre](https://reportharmfulcontent.com/) - to report and remove harmful online content
* [CEOP](https://www.ceop.police.uk/safety-centre/) - for advice on making a report about online abuse
* [Internet matters](https://www.internetmatters.org/?gclid=EAIaIQobChMIktuA5LWK2wIVRYXVCh2afg2aEAAYASAAEgIJ5vD_BwE) - for parents and carers to keep their children safe online
* [London Grid for Learning](http://www.lgfl.net/online-safety/) - for parents and carers to keep their children safe online
* [Net-aware](https://www.net-aware.org.uk/) - for parents and careers from the NSPCC
* [Parent info](https://parentinfo.org/) - for parents and carers to keep their children safe online
* [Thinkuknow](http://www.thinkuknow.co.uk/) - for advice from the National Crime Agency to stay safe online
* [UK Safer Internet Centre](https://www.saferinternet.org.uk/advice-centre/parents-and-carers) - advice for parents and carers

**Wellbeing**

We are aware that some children will find the school closure very difficult. Children will be missing the security of school; the structure and routines; their teachers and their friends. There are many organisations to support children. Kooth is being provided now as a free, safe and anonymous service to support young people’s emotional and mental health in Birmingham.

Young people have suddenly had exams cancelled, transition arrangements thrown up in the air and are dealing with the impact of COVID-19 on their loved ones this is important. The new service was launched on 13th April for young people from year 6, aged 11 up to 25. The full offer, including online self-referral can be accessed at [www.kooth.com](https://education.us9.list-manage.com/track/click?u=87a4faa015f2aa152cf0dbb89&id=ece87b2562&e=06abf669dc).

Kooth is linked into the wider mental health support from Forward Thinking Birmingham and offers:

* Online **mental health counselling** and **chat** services from midday to 10pm during the week, and 6pm to 10pm at weekends
* **Peer to peer support** through moderated discussion forums
* **Self-care tools and resources** to build resilience
* **Early response to and identification** of emotional wellbeing and mental health problems
* And there are **no waiting lists**, referrals or thresholds to access the service

Support for children’s wellbeing can also be accessed via [**Childline**](https://www.childline.org.uk/?utm_source=google&utm_medium=cpc&utm_campaign=UK_GO_S_B_BND_Grant_Childline_Information&utm_term=role_of_childline&gclsrc=aw.ds&&gclid=EAIaIQobChMIlfLRh-ez6AIVRrDtCh1N9QR2EAAYASAAEgLc-vD_BwE&gclsrc=aw.ds)