



Sex Education Policy

Safeguarding Statement

West Heath Primary will continuously strive to ensure that everyone in our school is treated with respect and dignity. Each person in our school will be given fair and equal opportunity to develop their full potential with positive regard to gender, ethnicity, cultural and religious background, sexuality or disability. West Heath Primary School is committed to safeguarding and promoting the welfare of children and young people, and expects all staff to share this commitment.

Owner	PSHE Lead
Date of review	November 2018
Date of next review	November 2020

The school curriculum aims to promote pupils' self-esteem and emotional well-being, help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community. Schools teaching with regards to Sex and Relationship Education.

- Reducing teenage pregnancies
- Delaying early sexual activity
- Reducing sexually transmitted infections
- Anti-homophobia and sexuality

Procedure

SRE is a legal requirement. The school will teach sex and relationship education from Reception to Year 6. There will be a focus on puberty in Year 5, term 2 through the Science and PSHE scheme around the theme of change.

Aims

- To provide clear guidance for parents, staff and governors.
- For pupils to develop an understanding that SRE is a gradual developmental process that is supported by a partnership between home and school. In primary school we will provide a foundation for further work at secondary school.
- To help young people to respect themselves and others.
- To support pupils through their physical, emotional and moral development.
- To develop skills and understanding to enable pupils to make healthy, responsible choices about their health and well-being.
- To help pupils understand the significance of marriage and stable relationships and its importance for family life.
- Delaying early sexual activity
- Anti-homophobia and sexuality
- To help pupils move more confidently and responsibly into adolescence.
- To address issues of media influence e.g. TV, mobile phone messages, videos, computer games, advertising.
- To address issues of bullying and anti-racist issues.

We endeavour at all times to ensure that there is no stigmatisation of children based on their home circumstances. Age appropriate themes will be used at all times.

Moral and Values Framework

The SRE programme will reflect the school philosophy and ethos to encourage the following values:

- Respect for self
- Respect for others
- Responsibility for own actions
- Responsibility for family, friends, school and the community

Content: Preparing children for puberty

Research shows that children are often very concerned about the changes they are experiencing or approaching. It also shows that children cannot always rely on parents or carers to prepare them for puberty. At West Heath we will prepare pupils for puberty by:

- Giving them accurate information about physical and emotional changes that take place at puberty. This will be taught in Years 5 and 6. The aim of the topic will be to ensure that pupils have a basic knowledge of what happens to each gender during puberty.
- Girls will be taught how to cope with menstruation and about the practicalities of dealing with the changes to their bodies. This will include, providing sanitary disposal facilities in the

KS2 Girls toilets and for all girls to know where in school they can go to obtain emergency supplies.

Parent withdrawal

The Science aspects of the National Curriculum, sets out the biological elements of sex education, which school must provide for all pupils e.g. describing changes as humans develop to old age. However, it is widely recognised that sex education should be more than solely Science if it is to meet the children's needs. Parents have the right to withdraw their child from those elements of the SRE programme that **do not** form part of the National Curriculum, namely puberty and menstruation.

If parents/carers have any questions or concerns regarding the SRE programme they should please discuss these with the class teacher or PSHE Co-ordinator.

This policy identifies opportunities for SRE to be incorporated into schemes of work. Themes covered at West Heath are:

Key Stage 1

- Recognise and compare the main external parts of the human body
- Recognise similarities between themselves and others
- Identify and share their feelings with others
- Recognise and identify safe and unsafe situations
- Identify and be able to talk to someone they trust
- Be aware that their feelings and actions have an impact on others
- Use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk.

Pupils will learn:

- That animals including humans grow and reproduce
- That humans and animals can produce offspring and these grow into adults
- The basic rules for keeping themselves safe and healthy
- About safe places to play and safe people to be with
- Ways in which they are alike and different from others
- That they have some control over their bodies and actions
- Why families are special for caring and sharing
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Key Stage 2

- Express opinions
- Listen to and support others
- Respect other people's view points and beliefs
- Recognise their changing emotions with friends and family and be able to express their feelings positively
- Identify adults they can trust and to whom they can ask for help
- Be confident in a wide range of situations such as seeking new friends
- Recognise their own worth and the positive things about themselves
- Balance the stresses in life in order to promote both their own mental health and well-being and that of others
- See things from other people's point of view
- Discuss moral issues
- Listen and support friends and manage friendship problems
- Recognise and challenge stereotypes for example in relation to gender
- Recognise the pressure of unwanted physical contact and know ways of resisting it

Pupils will learn:

- That life processes common to humans and other animals include growth and reproduction.

- About the main stages of the human life cycle.
- About the physical changes that take place during puberty
- The many relationships in which they are involved
- How the media impact on forming attitudes
- About keeping themselves safe when involved with risky activities
- That their actions have consequences and be able to anticipate the results of them
- About different forms of bullying and know why it is unacceptable.