



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Grilled Sausages served with Onion Gravy	Bacon and Cheese Pastry	Roast Turkey with Sage and Onion Stuffing	BBQ Chicken in a Tortilla Wrap	Pepperoni Pizza slice on a Wholemeal base.
VEGETARIAN	Grilled Quorn sausage	Cheese and Tomato Pastry	Quorn Roast Dinner	Quorn Wrap	Pizza Marguerite
STARCHY CHOICE	Creamed Potatoes	Freshly Roasted Vegetables	Roasted New or Creamed Potatoes	Whole wheat Tortilla Wrap	Oven Baked Wedges
VEGETABLES	Savoy Cabbage Or Baked Beans	Whole wheat Spaghetti Hoops	Medley of mixed Vegetables	Sweetcorn or Shredded Salad	Garden Peas or Baked Beans
SNACK CHOICE	Jacket Potato and Salad Bar	Jacket Potato and Salad Bar	Jacket Potato and Salad Bar	Jacket Potato and Salad Bar	Jacket Potato and Salad Bar
DESSERT	Fruit Jelly Pot	Gingerbread Biscuit	Strawberry Cheesecake Pot	Lemon Drizzle Cake	Strawberry Mousse Pot