

West Heath Primary School

Head Teacher: Mrs Michelle Hooper

4th July 2022

Dear Parents,

As you will have seen in the newsletter we will be holding a sports week beginning Monday 11th July. Our theme for this year is The Commonwealth Games 'Bring the Power.' During sports week we would be grateful if you could encourage your child to be physically active and to engage in a healthy, active lifestyle including exercise, rest and diet. Your child may wear sports clothes all week however on their competition days PE kits must be worn, enabling your child to safely to compete in a range of physical activities. Competition days are:

Year 5 and 6	- Tuesday 12 th July
Year 3 and 4	- Wednesday 13 th July
Year 1 and 2	- Thursday 14 th July
Reception	- Friday 15 th July

On Monday 11th July you are invited to attend the West Heath Fun Run. This will take place around West Heath Park from 10.00am until 11.45pm for years 3, 4, 5, and 6 and from 13.00pm until 14.45pm for reception, year 1 and 2. The theme for this year's Fun Run will be 'Bring the power' therefore we would like pupils to turn up **dressed as Super Heroes**. The Fun Run will kick start our sports week and be our equivalent of an opening ceremony. We would like our opening ceremony to have a party feel and create a celebratory atmosphere. You can add to this by coming to support your child.

During the week, children will take part in many different sports and Commonwealth related activities. They may come in sports clothes all week; however, on the days they are set to compete they will need to be in full West Heath PE Kit (white t-shirts, black shorts, trainers we also recommend pupils wear their West Heath hoodies and their black tracksuit bottoms).

Sports week will conclude with a closing ceremony where pupils will parade the work that they have produced throughout the week, chant, dance, sing, release confetti cannons, observe some of our pupils perform a haka and a gymnastics routine.

**The timetables for all of the week's event you can attend are listed below
@ West Heath Park**

Monday 11th July

10.00 – 11.45

Year 3, 4, 5 and 6 Fun Run @ West Heath Park.

Parents may attend

13.00 – 14.45

Reception, Year 1 and 2 FUN Run @ West Heath Park

Parents may attend

Friday 15th July @ West Heath Primary

13.15-14.45

Closing Ceremony

Parents may attend

(Cheerleaders, Results, Dance, Chants, Confetti Cannons)

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