

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spaghetti Bolognaise	Chicken Pizza Slice on a wholemeal base	Roast Turkey served with Sage and Onion Stuffing	Savoury Meatballs in a wheat flour tortilla Wrap	Oven Baked Mini Fish Fillet
VEGETARIAN	Wholemeal Pasta in a Rich Tomato Sauce	Cheese and Tomato Pizza	Quorn Fillet served with Sage and Onion Stuffing	Quorn Tikka Wrap	Cheese and Potato Pie
STARCHY CHOICE	Crusty Bread Slice	Oven Baked Potato Wedges	Creamed and Roasted Potatoes	Shredded Mixed Salad	Oven Chips
VEGETABLES	Sweetcorn	Baked Beans	Carrots and Broccoli	Baked Beans	Garden Peas or Baked Beans
SNACK CHOICE	Jacket Potato served with Cottage Cheese	Jacket Potato with Tuna Crunch	Jacket potato with Cheese	Jacket Potato served with Grated Cheddar Cheese and Beans	Jacket Potato with a choice of toppings
DESSERT	Shortbread Biscuit	Fresh Fruit Salad	Traditional Marble Cake	Orange Jelly Pot	Ice Cream Tub

