

West Heath Primary News

(13th November 2020)

Free School Meals

If you are entitled to FSM, you will know that Birmingham City Council announced families will be getting food vouchers during the holidays.

The October half term holiday vouchers are being distributed week commencing 16th November.

We will inform you as soon as we have information on how you will be receiving them.

COVID UPDATE

Confirmed Cases – parents	1
Confirmed cases – children	1
Children self-isolating with symptoms	3
Children self-isolating because of a confirmed case of Covid in a class bubble.	8+29

Confirmed Cases – staff	0
Staff self-isolating with symptoms	0
Staff self-isolating due to contact with a confirmed case of Covid.	2
Staff self-isolating due to family members	1
Staff shielding	1

Please be assured that the safety of the whole community will be at the forefront of our minds when making all decisions about managing the pandemic in school.

SCHOOL VALUES

Congratulations to **Class 14** who were our class of the week, earning the most Values Slips last week.

This week's focus has been :

Collaboration
'Work together, learn together'

Next week's values focus is:

Resilience
Accept, Reflect, Move on.

Please talk to your child about the meaning of this value.

Hello everyone, we are the Year 5 team!

The children in year 5 have had a fantastic start to the year and have settled in brilliantly! We have engaged in lots of active learning and we are so proud of how everyone has adapted to our new way of working.

As a team, we are focusing on helping the children make as much progress as possible, even though we know the circumstances are very different to what we are used to. We are so proud of the children's resilience and it has been a pleasure to watch them all engage with the challenges we are setting them!

Please keep looking at Twitter and the school website to see what Class 11 and Class 12 get up to over the term!

Best Wishes,

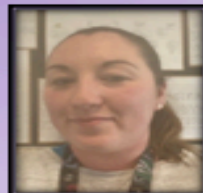
The Year 5 Team



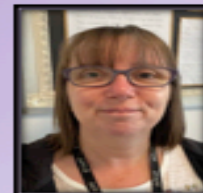
Class 11 Teacher – Mr. Collis



Teaching assistant – Mrs. Downes



Class 12 Teacher – Mrs. Johnson



Teaching assistant – Mrs. Rose

Youth Sports Trust After School Clubs

The Youth Sport Trust will deliver a free virtual after school club as part of a national response to the second lockdown. The 30-minute club will take place at 5pm each weekday on YouTube Live and be led by a different member of the YST's Athlete Mentor network. Starting on **Thursday 12 November** with world number one female inline skater and 10-time British Champion Jenna Downing. Aimed mainly at primary-aged children, a different theme has been assigned for each day of the club - Adventure Monday, Tuesday Play, Wild Wednesday, Thinking Thursday and Fun Friday. Follow on Twitter using [#YSTAfterSchool](https://twitter.com/YSTAfterSchool).

Birmingham Children's Partnership

From Birmingham with Love



We've all been through a tough time with Covid-19 and lockdown. For many families it doesn't get easier during the summer holidays, which is why we're here to help. Here are some of our partners' most used services and support, which might make life a little bit easier...



1. **Online parenting course.** We've pre-paid for every parent in Birmingham to access a [parenting course](#). Just enter the access code "COMMUNITY" at the top of the page to claim. There are courses for parents, carers and grandparents of children from bump to 19. Learn about how your child develops, and get tips to manage their behaviour.



2. **Mental health support.** In these difficult times we have to look after our mental health. For young people aged 11-25 there are forums, guides and counselling available at [Kooth](#). If your child 0-25 needs support, get in touch with Pause by calling 0207 841 4470 or [email](#). Adults can get support from [MIND](#) by calling 0121 262 3555. Or for urgent help call [Forward Thinking Birmingham](#) on 0300 300 0099.



3. **Financial help.** If you've lost your job, or are struggling for food or rent there are services that can help. [Local welfare provision](#) can make a big difference if you are in a crisis and need food, fuel or basic white goods. [Discretionary Housing Payments](#) may be able to help with rent. And there are [food banks](#) across Birmingham that are here to help.



4. **Domestic abuse.** For women and children affected by domestic abuse please see [guidance](#) or confidentially contact [Birmingham and Solihull Women's Aid](#). For Men, please contact [Respect](#).



5. **Problems with drugs or alcohol.** A new, discrete app called Staying Free is available on Android or Apple. Use the code "birmingham11" for pre-paid access. To speak to someone call [Change Grow Live](#).



6. **Bereavement support.** It's a terrible time to lose a loved one — you can get help by calling 0121 687 8010 or from [Cruse](#).



7. **Early help for families.** If anyone in your family needs more help, from public services or community groups, then please contact our [voluntary sector local leads](#). We have ten areas which can connect you to support across the city.

If you are worried about a child, please call Birmingham's Children's Advice and Support Service on 0121 303 1888. In an emergency, including child abuse, contact the Police on 999. You can also [chat](#) to the Police.